

## ADULT CHILDREN & AGING PARENTS

This free seminar series is designed to help children who have parents aged 60 and older prepare for the future. The issues covered represent an overview of important matters that are relevant to all individuals, regardless of age.

The 2 hr. seminars are held the 4<sup>th</sup> Tuesday evening of each month at 7 p.m. at Bethany United Methodist Church, 10010 Anderson Mill Road, Austin TX, Disciple Building, Room D209/210. This series, begun in the fall, continues in 2013:

- January 22 Critical Issues (Long Distance Caregiving, To Move or Not To Move, Driving Issues);
- February 26 More Critical Issues (Home Safety, V.A. Benefits, Essential Records);
- March 26 Continuum of Care Issues (Geriatric Care Managers, Home Care, Retirement Homes, Assisted Living, Nursing Home Care); and
- April 23 End of Life Issues (Hospice Care, Funeral Planning).

Each seminar is separate so you may attend one, two or more of the sessions. Each session will be led by at least two experts on the stated topics. There will be ample time for questions and discussion.

For more information, contact Bethany United Methodist Church@258-6017 or Pastor Dave Lutz @310-9451 or dlutzbethany2000@gmail.com