

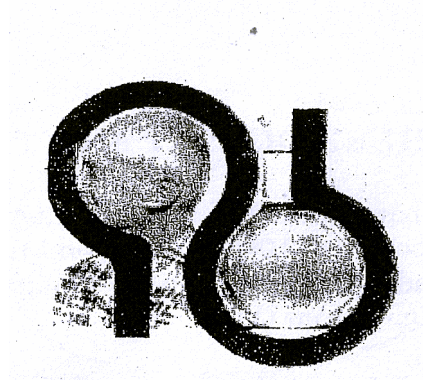
**FOR MORE INFORMATION  
ABOUT THE BETHANY  
ALZHEIMER'S CARE GIVERS  
SUPPORT GROUP**, contact

Rev. David Lutz at 512/310-9451; cell  
phone: 512/876-3054. Email address:  
[dlutzbethany2000@gmail.com](mailto:dlutzbethany2000@gmail.com).  
Kathy Maurer, [mkathy65@att.net](mailto:mkathy65@att.net) ,  
phone: 512/918-3197. Also, Cecilia  
Barrentine, Director of Care and  
Connectional Ministries at 512/258-6017,  
ext. 231; email address:  
[cecilia.barrentine@bethany-umc.org](mailto:cecilia.barrentine@bethany-umc.org).  
Web: [www.bethany-umc.org/care/prayer](http://www.bethany-umc.org/care/prayer).

### **House of Friends**

Bethany offers a respite care program  
for those with dementia who are living  
at home. This program meets Thursdays  
from 9:30 a.m. to 1:30 p.m. It is open to  
anyone living in the Austin area. There  
is no charge for program participation.

For more information, contact  
Susie Petersen, Director,  
phone 512/258-6017, ext. 254;  
email: [S.Petersen419@gmail.com](mailto:S.Petersen419@gmail.com).  
Also, contact: Rev. David Lutz or Cecilia  
Barrentine as indicated above.



### **Relation to the Austin Area Alzheimer's Association**

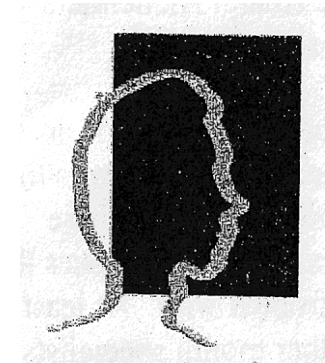
The Bethany Alzheimer's Care  
Givers Support Group is under the  
guidance of the Capital of Texas  
Chapter, Alzheimer's Association and  
follows the guidelines established by the  
Alzheimer's Association.

Leaders of both organizations meet  
periodically to discuss how participants  
can receive greater benefits from the  
programs offered.

For more information and materials  
from the Alzheimer's Association, call  
512/241-0420 or check the Austin web  
site: [www.alz.org/texas capital](http://www.alz.org/texas capital).

1-20-2016

# **ALZHEIMER'S CARE GIVERS SUPPORT GROUP**



Facing the Challenge

Serving All Persons  
with Family and  
Friends Who Have  
Dementia and Live in  
The Northwest Austin  
Community

## WHAT IS IT?

This is one of many open support groups in the greater Austin area for those who have loved ones with various forms of dementia, including Alzheimer's disease. It is sponsored by Bethany United Methodist Church in affiliation with the Austin Alzheimer's Association.

Its purpose is to provide an opportunity for care givers to meet on a monthly basis to share concerns and discuss issues they are confronted with. Every other month specialists are invited to attend the meeting and address various topics of concern, thus providing possible solutions to the many challenges faced by care givers.

## WHEN DOES IT MEET?

The Support Group meets monthly on the second Thursday from 12:00 noon until 1:30 p.m.

## WHERE DOES IT MEET?

Bethany United Methodist Church is located at 10010 Anderson Mill Road, Austin, Texas. The group meets on the first floor of the Disciple Building in the Ministry Center.

*Directions to the Church:* Bethany is located at 10010 Anderson Mill Road, West of US 183 (Research Boulevard) on the right side of the road approximately one-half mile from 183. Anderson Mill Road can also be reached from Parmer Lane. In addition, the other end of Anderson Mill Road intersects FM620.  
Phone: 512/258-6017.

## WHO MAY PARTICIPATE?

Open to anyone who has a loved one with dementia, Alzheimer's or memory loss and is providing support, either on a daily basis or at a distance. It is open to all regardless of race, sex, creed, or age. All that is required is a need for support.

## WHO LEADS THE GROUP?

This support group is led by Rev. David A. Lutz, Care Ministries Pastor at Bethany, and Kathy Maurer, a former caregiver and current volunteer in the House of Friends.

alzheimer's  association

Capital of Texas Chapter

## TOPICS Covered in Meetings

The Bethany Alzheimer's Support Group has been meeting since 2002 and has focused on a variety of topics such as: legal issues, medications, validation therapy, conversing with dementia patients, emergency care, resources, learning about different facilities and home care options, meaningful activities to do with Alzheimer's patients, evaluating home safety, wandering, Medicare, Medicaid, etc.