

Resource List for Caregivers of Those with Dementia

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Note: This list should not be viewed as an endorsement of any program or service. It should be considered a starting point for finding services in the Northwest Austin, Cedar Park, Round Rock areas and getting answers to questions related to memory loss.

General Informational Websites:

Alzheimer's Association (national organization)	http://www.alz.org
Alzheimer's Foundation of America	www.alzfdn.org
Alzheimer's Disease & Education Center	www.nia.nih.gov/alzheimers
Mayo Clinic	www.mayoclinic.com
National Institute of Aging	www.nia.nih.gov
Web MD	www.webmd.com
Alzheimer's Hope	www.alzheimershope.com/index.php
The Alzheimer's Reading Room	www.alzheimersreadingroom.com/
Alzheimer's Resource List	www.AlzheimersResourceKit.com/lance
Government Alzheimer's Site	www.alzheimers.gov/caring.html
Alz. & Dementia Support Network	www.helpforalzheimersfamilies.com
Book & CDs for Caregivers	www.teepasnow.com/index.html
Untangling Dementia	http://tamcummings.org/index.html
<u>Coach Broyle's Playbook for Alz Caregivers</u>	www.caregiversunited.com/alzheimers-playbook
Family Caregiver Alliance	www.caregiver.org/caregiver/jsp/content_node.jsp?nodeid=391
25 Organizations for Caregivers	www.asaging.org/blog/25-organizations-take-care-caregivers
Lewy Body Dementia Association	www.LBDA.org
American Stroke Association	www.strokeassociacion.org
American Parkinson Disease Association	www.apda@apdaparkinson.org
Association for Frontotemporal Degeneration	theaftd.org

Austin area organizations:

Alzheimer's Texas (Austin) www.txalz.org Phone: 512-241-0420
(formerly known as Alzheimer's Association, Capital of Texas Chapter). Not affiliated with national association.
Provides list of local caregiver support groups, respite care programs, informative seminars and classes.
Helpline Contact: **(512) 241-0420** or **(800) 367-2132**.

Alzheimer's Association national local office (512-592-0990); 24/7 helpline: 1-800-272-3900

Area Agency on Aging, Capital Area	www.aaacap.org	Phone: 512-915-6062
AGE of Central Texas	www.ageofcentraltx.org	Phone: 512-452-4611
Capital Area Parkinson's Society	www.capitalareaparkinsons.org	Phone: 512-371-3373
Family Eldercare	www.familyeldercare.org	Phone: 512-450-0844
Funeral Consumers Alliance of Central Texas (formerly Austin Memorial & Burial Information Services-AMBIS)	www.fcactx.org	Phone: 512-480-0555

Texas Information and Referral	Phone: 211
Lewy Body Dementia Assoc. Support Group: taphclark@hotmail.com	Phone: 830-220-9155
Caregiver University caregiverutx.org	Phone: 512-451-4611
(offers free classes: Powerful Tools for Caregivers, Savvy Caregiver, Matter of Balance)	
Texas Department of Aging and Disability www.dads.state.tx.us	Phone: 855-937-2372

Publications:

- **New Lifestyles**-Free service that provides comprehensive and quality information on senior residential and care options. Phone: 800-869-9549. Website: www.newlifestyles.com/guides/aus
- **Austin Seniors' Guide**-Free resource guide that contains business that target the seniors market including senior living communities, health, estate planning, and business that offer senior discounts. Website: www.seniorsguide.net
- **Today's Geriatric Medicine Magazine** <http://todaysgeriatricmedicine.com/>

PROVIDERS:

Geriatric Care Managers

- Arrange Care - Leah Cohen, LCSW. Phone: 512-343-9182. Website: www.arrangecare.com
- Accountable Aging-Mary/Mick Koffend. Phone: 512-342-9800. Website: www.accountableaging.com
- All Ways Caring for Seniors-Lauren Tarrant, RN. Phone: 512-809-4057. Website: www.allwayscaringforseniors.com
- Family Eldercare [non medical care in home] www.familyeldercare.org - phone: 512-628-1698
- Global Geriatrics - Tam Cummings, LLC. Phone: 512-415-4359. Website: www.tamcummings.com
- Proper Care - Suzanne Oliver, LCSW. Phone: 512-585-8459. Website: www.proper-care.com
- Texas Family Services - Ariel Rosenbaum. Phone: 512-574-1722. Website: www.TXFamilyServices.com

Physicians who specialize in dementia:

- Jaron Winston, M.D. Geriatric psychiatrist, Senior Adults Specialty Healthcare. 3215 Steck Ave., Ste 200, Austin 78757. Phone: 512-476-3556. Website: www.senioradults.net
- Ronald DeVere, M.D. Neurologist and Medical Director at Alzheimer's Disease & Memory Disorders Center. 1200 Lakeway Drive, Ste 8, Austin 78734. Phone: 512-261-7909. Website: www.admclinic.com
- John Bertelson, M.D. Neurologist. Seton Brain and Spine Institute, 1600 W. 38th St., Suite 308, Austin 78731. Phone: 512-324-3540. Website: www.setonbrainandspine.com

Primary Care Physicians who are taking Medicare:

- Chris Holland, R.N. Ph.D. Functional Medicine Nurse Practitioner. 9009 Mountain Ridge Drive, Austin Bld., Ste. 140, Austin, 78759. Phone: 512-343-2800. (She has a more holistic approach and works with dementia patients in nursing homes as well as sees patients at her outpatient office.)
- Dr. Leila Williams, D.O, 15004 Avery Ranch Blvd. #105, Austin 78717. Phone: 512-528-7520
- Dr. Louis Egelsee, 651 N US Highway 183, Suite 110, Leander 78641. Phone: 512-528-0432
- Dr. Zina Islam, 345 Cypress Creek Road, Suite 104, Cedar Park, 920 N. Vista Ridge Blvd., Suite 500, Cedar Park 78613. Phone: 512-336-2777
- Dr. Nikhil Agarwal, M.D., Austin Primary Care Physicians, 11901 West Parmer Lane, Suite 300, Cedar Park, 78613. Phone: 512-652-0052
- Dr. Stephen Foster/Dr. Joshua Reinhart, 190 Buttercup Creek, Cedar Park 78613. Phone: 512-336-5824

- Dr. Ronald Mansolo, 902 Crystal Falls Pkwy, Leander 78641. Phone: 512-259-2222
- Dr. Mohinder Pegany, ARC Cedar Park Medical Plaza, 1401 Medical Parkway Bldg. B. Suite 220 & 200 Cedar Park, 78613. Phone: 512-260-1581
- Dr. Stephen Foster/Dr. Josh Reinhart- Family Medical Center - 190 Buttercup Creek Blvd., Cedar Park, 78630. Phone: 512-336-5824
- Scott & White Clinic, 900 Quest Parkway, Cedar Park, 78613. Phone: 512-260-6100 www.sw.org/web/patientsAndVisitors/templatedata/location/facilities/data/cedarpark
- Dr. Lianne Marks, Scott & White Clinic, 405 University Blvd., Round Rock, 78665. Phone: 512-509-0200
- Dr. Rosie Augustin-Wheeler - San Gabriel Family Medicine - 921 West New Hope Drive, Suite 401, Cedar Park. Phone: 512-986-8858
- Dr. Martin Molina - 6618 Sitio Del Rio Blvd., Suite 101, Austin 78730. Phone: 512-524-2336
- Dr. Susan Brister – 1501 Pecan St. West, Suite 102 Pflugerville 78660. Phone: 512-421-3751
- North Austin Medical Center, Austin Diagnostic Clinic Internal Medicine: 12221 N. MoPac Expy. 78758. Phone: 512-901-4009
 - Dr. William Lewis
 - Dr. Anjali Nemawarkar
 - Dr. Kakoli Danerjee
 - Dr. Laura Guererro
 - Dr. Rehana Becker
 - Dr. Stephanie Teng
 - Dr. Meen Misra

Home Visit Geriatric Physicians

- Visiting Physicians. Phone: 512-407-8880
- House Call Doctors. Phone: 512-288-0859
- Capitol House Calls, Dr. Pellegrini. Phone: 512-459-5204
- Ministering Physicians, Dr. Woodall. Phone: 512-246-6170
- Transitions Geriatrics Group. Phone: 512-452-2100
- BeWellMD. Phone: 512-553-1921

Legal Resources/Elder Law/Estate Attorneys

Legal Hotline for Older Texans, 815 Brazos, Suite 1100, Austin, Texas 78701.

Client calls: (800) 622-2520 or (512) 477-3950 Website: www.tlsc.org/hotline.html

Website: <http://www.elderlawanswers.com/about-us>

- Garrett Law Firm PLLC, 8617 Spicewood Springs #157, Austin, 78759; contact: Terry L. Garrett; phone: 512-800-2420; email: garrettlawfirm@sbcglobal.net; web: www.elderlawaustin.com
- Law Offices of Farrell & Pak, Elder Law with Medicaid. 1000 MoPac Circle, Austin 78746. Phone: 512-323-2977. Website: www.txelderlaw.com
- Charles E. Lance, 3613 Williams Drive, Suite 701, Georgetown 78628. V.A. Aid and Attendance & Medicaid Specialties. Phone: 512-868-2224. Website: www.lancelaw.elderlawanswers.com
- Larry Russell, Estate Planning & Probate Law. 9951 Anderson Mill Rd, Ste 200. Austin, 78750. Phone: 512-258-2244
- Brad Wiewel, Wiewel Law Firm. Specialty in Medicaid. 1601 Rio Grande, Ste 550. Austin, 78701. Phone: 512-480-8828
- Mark Tarrant, Elder Law. 12600 Cinchring Ln, Austin, 78727; Phone: 512-746-8384
- Gaye Thompson, Thompson & Tiemann, 5203 Pony Chase, Austin, 78727. Phone: 512-335-68

For complete listings of nursing care and residential facilities, check www.txalz.org. The following lists are for North, Northwest Austin, Cedar Park and Round Rock only.

Alzheimer's Assisted Livings with Memory Care Units

- **Arden Courts***, 11630 Four Iron Dr, Austin, 78750. Phone: 512-918-2800
- **Avalon Memory Care***, 2219 S. Lakeline Blvd., Cedar Park 78613. 866-344-4946
- **Aria Memory Care***, 1201 Arrow Point Dr., Cedar Park, 78613. Phone: 512-213-6070
- **Ashwood Retirement & Assisted Living**, 12151 Hunter's Chase Drive, Austin, 78729. Phone: 512-336-4100
- **Autumn Leaves of Northwest Austin***, 10025 Anderson Mill Road, Austin 78750; phone: 888-919-4910
- **Brookdale North Austin***, 5310 Duval Rd, Austin, 78727. Phone: 512-418-8228
- **Brookdale Parmer Lane***, 1429 Scofield Farms Drive, Austin, 78758. Phone: 512-410-2688
- **Buckner Villas***, 11110 Tom Adams Drive, Austin 78753. Phone: 512-836-1515
- **Colonial Gardens***, 3706 Adelphi Lane, Austin, 78727. Phone: 512-833-0114
- **Cedar Ridge***, 2100 S. Lakeline Blvd, Cedar Park, 78613. Phone: 512-258-5157
- **The Cottages at Chandler Creek***, 2401 FM 1460, Round Rock, 78664. Phone: 512-218-9757
- **Horizon Bay at Round Rock***, 8005 Cornerwood Dr, Round Rock, 78717. Phone: 512-238-7200
- **Poet's Walk**, 4050 Sunrise Road, Round Rock 78665. Phone: 512-746-8036
- **Summit at Northwest Hills**, 5715 Mesa Dr, Austin, 78731. Phone: 512-454-5900
- **Sundance Premier Memory Care***, 3000 Glacier Pass Lane, Cedar Park 78613; phone 512-514-0671
- **The Pavilion of Great Hills***, 11819 Pavilion Blvd, Austin 78759. Phone: 512-249-0500
- **U.S. Memory Care**, 800 C-Bar Ranch Trail, Cedar Park 78613. phone: 512-986-7202
- **University Village Memory Care***, 4701 Campus Village Drive, Round Rock. Phone: 512-248-2222
- **Wyoming Springs Assisted Living and Memory Care***, 7230 Wyoming Springs Rd, Round Rock, Phone: 512-457-1218

***Denotes Alzheimer's certification** (staff must have 12-18 hours of specific dementia education hours per year.)

Personal (Residential) Care Homes

Austin

- **Austin North Assisted Living**, 11206 Powder Mill Trail, Austin
- **Collinfield House**, 9205 Collinfield Drive, Austin, 78758. Administrator: Becky Tyson. Phone: 512-358-4851. Website: www.assistedlivinginaustin.com
- **Kinfolks**, 13209 Marrero Drive, Austin, 78729. Owner: Sana Henderson. Phone: 512-996-8840 Website: www.kinfolks.ws
- **Rose Antwi**, 10515 Timbercrest Lane , Austin, 78750. Phone: 512-934-2563. *Short term care.*

Cedar Park/Leander

- **Riva Ridge Memory Care Center***, 801 Riva Ridge Drive, Leander, 78641. Phone: 512-259-1330.
- **Shenandoah Villa**, 1623 Shenandoah Drive, Cedar Park, 78613. Owner: Zalina Williams. Phone: 512-257-7526
- **St. Jude Residential Care Home**, Cynthia Villasenor, 5 Anderson Crossing, Cedar Park 78613. Phone: 512-589-2604

Round Rock

- **Aunt Rosie's House**, Lynn Desaray. 2346 Friarcreek Loop, Round Rock, 78664. Phone: 512-934-1290
- **Fairway Vista**, 1017 Hiddenview Place, Round Rock, 78665. Owner: Kerri Dehn. Phone: 512-220-7316.

- **Hampton Senior Living**, Nicole Funderburke, 1905 Hampton Lane, Round Rock, 78664
Phone: 512-394-8146
- **Loving Home Care**, 80 Woodland Lane, Round Rock, 78664. Owner: Ify Onumonu.
Phone: 512-246-8762
- **A Peace of Mind**, 1210 Wroxton Way, Round Rock, 78664. Administrator-Stephanie Clark-Bailey Phone: 512-255-4595. Website: www.apeaceofmindassistedliving.com
- **A Touch of Home**, 4301 Crestridge Drive, Round Rock, 78681. Owners-Sharon & Theresa Scott.
Phone: 512-218-0042. Website: www.atochofhome.com (Females only)
- **Sheridan/Lubbock House**, 533 Centerbrook Place, Round Rock, 78665. Owner: Aleane Sheridan. Phone: 512-341-7254. Website: www.sheridanlubbockhouse.com

Nursing Centers

- **Cottonwood Creek Nursing & Rehab Center**, 1500 Cottonwood Creek Trail, Cedar Park, 78613. Phone: 512-259-4259
- **Heartland Health Care Center**, 11406 Rustic Rock Dr, Austin, 78750. Phone: 512-335-5028
- **Hearthstone Health Center**, 401 Oakwood Blvd., Round Rock, 78681-4067. 512 388-7494
- **The Isle at Cedar Ridge**, 2200 S Lakeline Blvd, Cedar Park, TX 78613 phone: 512-592-3090
- **Park Bend Health Center**, 2122 Park Bend Dr, Austin, 78758. Phone: 512-836-9777
- **Park Valley Inn Health Center**, 17751 Park Valley, Round Rock 78681. Phone: 512-78681
- **Sagebrook Health Center**, 901 Discovery Blvd, Cedar Park, 78613. Phone: 512-259-0003
- **Wesleyan Nursing Home**, 2001 Scenic Dr, Georgetown, 78626. Phone: 512-863-0511-(2 Alzheimer's secured units)
- **Windsor Nursing & Rehab Center of Duval** (formerly Heritage Duval Gardens), 5301 W. Duval Rd, Austin, 78727. Phone: 512-345-1805 (secured Alzheimer's unit)

Personal Assistance Services (Private Pay Hourly Caregivers, *--also have nurses)

- **BrightStar**. Website: www.brightstarcare.com/austin. Phone: 512-452-9800 *
- **Cella Bella Senior Services**. Website: www.CellaBellas.com. Phone: 512-912-7707
- **H.A.N.D.** (Helping the Aging, Needy & Disabled) Website: www.handaustin.org. Sliding scale for caregivers. Phone: 512-477-3796
- **Independence by Family Eldercare**. <http://www.familyeldercare.org/in-home-care-overview.html> Sliding scale for caregivers. Phone: 512-467-6168
- **Heavenly Caregivers**. Website: www.heavenlycaregivers.com. Phone: 512-340-0551
- **Home Instead Senior Care**. <http://www.homeinstead.com/382/contactus/Pages/ContactUs.aspx>. Phone: 512-374-1414
- **Right At Home-Austin West**. Website: www.rahaustinwest.com. Phone: 512-465-9900
- **Visiting Angels Living Assistance Services**. Website: <http://www.visitingangels.com/austin> Phone: 512-250-2103
- **Visiting Angels**. Website: www.visitingangels.com/wilco. Phone: 512-259-8335
- **Nurses Unlimited**. Website: www.nursesunlimited.com Phone: 512-380-9339 *
- **Professional Caretakers**. Website: www.professionalcaretakers.com . Phone: 512-250-5800 *
- **Senior Helpers**. Website: <http://www.seniorhelpers.com/centraltx>. Phone: 512-388-4357 (Also has V.A. contract and can help with Aid and Attendance application)
- **Senior Sitters, LLC**. Website: www.seniorsittersusa.com. Phone: 512-250-5800
- **Stellar Senior Care**. Website: stellarseniorcare.com. Phone: 512-331-0049

- **Texas HomeCare Partners.** Website: www.texashomecarepartners.com. Phone: 512-358-4556
- **Well Beyond Care-Online service:** www.wellbeyondcare.com. Phone: 512-809-4057.

Home Health Services (Medicare)

- **Accolade Home Care**, 1611 Chisholm Trail, # 450, Round Rock, 78681. Phone: 512-238-6000
- **Accord Home Care**, Suite 210, 1717 N. I-35, Round Rock, 78664. Phone: 512-246-1451
- **Encompass Home Health**, 9101 Burnet Road, Suite 214, Austin, 78758. Phone: 512-339-1023
- **Gentiva Home Health**, 1600 W. 38th St., Austin 78731. Phone: 512-797-3334
- **Hill Country Home Health**, 1 Chisholm Trail, Ste. 250, Round Rock, 78681. Phone: 512-244-9457
- **Home Therapy of Austin**, 9050 N. Capital of Tx Hwy # 180, Austin, 78759. Phone: 512-637-1550
- **Wesleyan Home Health**, www.gthh.org, Georgetown. Phone: 512-869-5800

Hospice

- **Hospice Austin** (non-profit) 4107 Spicewood Springs Road, Austin, TX 78759. Phone: 512-342-4700
- **Legacy Hospice** Phone: 512-263-8668 kbabin@legacyhospice.com
- **Odyssey Hospice**, 4201 West Parmer Lane, Building C, Suite 100, Austin, 78727. Phone: 512-310-0214
- **New Century Hospice**, 8213-A Shoal Creek Blvd., Ste. 104, Austin 78757. Phone: 512-342-8288
- **Resolutions Hospice**, 11825 Buckner Rd, Austin 78726. Phone: 512-343-5555
- **Texas Home Health/Hospice**, 3520 Executive Center Drive, Suite 320, Austin, 78731. Phone: 512-372-4194
- **Hospice Compassus**, 1717 N I-35, Ste 130, Round Rock 78664: Phone 512-246-7127
- **Wesleyan Hospice Care**, (nonprofit) 2100 Scenic Dr., Ste 140, Georgetown. Phone: 512-863-8848

Continuum of Care (these facilities offer housing and care from independent living to nursing care)

- **Buckner Villas**, 11110 Tom Adams Dr, Austin, TX 78753; phone: [512-836-1515](tel:512-836-1515)
- **Westminster Manor**, 4100 Jackson Avenue, Austin, TX, 78731; phone: 512-454-4711
- **Longhorn Village**, 3204 University Club Drive, Austin TX, 78732; phone: 512-266-5600
- **Wesleyan at Estrella**, 139 Estrella Drive, Georgetown TX, 78628; phone: 512-863-2528

Long Term Care Insurance/Financial Services

- **Texas Assurance Care**, 921 W. New Hope Dr. #403, Cedar Park 78613. Phone: 512-343-5400
Website: www.txassurance.com
- **Randy Parker**, LTCP-LTC Insurance Specialist for New York Life and 7 other major companies. Phone: 512-284-7875

Senior Relocations

- **Caring Transitions.** www.caringtransitionsaustinnorth.com - phone: 512-265-8021
- **Texas Senior Living Locators**, Mike Gill – **phone: 512-630-7133**

Veteran's Resources

- **Homemaker/Home Health Aide Services**—Senior Helpers-Frank Hayes. Phone: 512-388-4357
- **Cedar Park Veterans Administration Clinic**, 701 East Whitestone Boulevard, Cedar Park 78613. Phone: 512-260-1368
- **Williamson County Veteran's Service** – 512-238-2151 (Aid & Attendance) Donna Harrell.
James Bell. jbelle@wilco.org . 512-943-1901

•<http://www.elderlawanswers.com/veterans-benefits>

Transportation

- Care and Back - Personal Driving Service. Phone: 512-565-6692 www.careandback.com
- CARTS (rural transportation for Austin). Phone: 512-478-7433
- Drive a Senior, www.driveasenior.org (provides drivers for transportation to doctors, etc.)
 - Drive a Senior Northwest. Phone: 512-250-5021. <http://driveaseniornorthwest.org/>
 - Drive a Senior[Round Rock/Pflugerville]. Phone: 512-250-1060
- Special Transit Services (Cap Metro). Phone: 512-389-7480

End of Life/Funeral Planning

- Funeral Consumers Alliance of Central Texas. www.fcactx.org . (Formerly **Austin Memorial Burial & Information Society-AMBIS**) Phone: 512-480-0555. It is a non-profit, consumer group that provides information to help you make end-of-life decisions that fit **your** values and **your** budget. Info on
- Home Funerals/Green Burials - Annaliese Rosea, M.Ed Home.funeral.chaplain@gmail.com
- Mitzi Chafetz-specializes in Jewish and green burials at Weed-Corley-Fish Funeral home. WCF owns its own crematory. Phone: 512-452-8811

Counseling Services (especially involving guilt and grief)

- **Austin Wellness**, 10010 Anderson Mill Rd, Austin phone: 512-257-0050
- **Center for Relational Care**, 11615 Angus Rd #218, Austin phone: 512-492-6200
- **Northwest Counseling & Wellness Center**, 12335 Hymeadow Dr #300 phone: 512-250-9355
- **Betty T. Peterson, Ph.D.**, 4310 Medical Parkway, Suite 101, Austin phone: 512-345-9900
- **New Life Institute**, 607 Rathervue Pl, Austin phone: 512-469-9447