

**FOR MORE INFORMATION
ABOUT THE BETHANY
ALZHEIMER'S CARE GIVERS
SUPPORT GROUP**, contact

Rev. David Lutz at 310-9451; cell
phone: 512/876-3054. Email
address: dlutz@austin.rr.com.
Or, Cecilia Barrentine, Director of
Congregational Care Ministries at
258-6017, ext. 231; email address:
cecilia.barrentine@bethany-umc.org.
Visit our website at:
[http://www.bethanyhof.org/caregivers
_support.htm](http://www.bethanyhof.org/caregivers_support.htm).

House of Friends

Bethany offers a respite care program
for those with dementia who are living
at home. This program meets
Thursdays from 9:30 a.m. to 1:30
p.m. and is open to anyone living in
the Austin area. There is no charge
for participation in the program. For
more information, contact Susie
Petersen, Program Director, email:
susanrpetersen@hotmail.com,
phone 331-5284. Also, contact:
Rev. David Lutz or Cecilia Barrentine
as indicated above.



Relation to the Austin Area Alzheimers Association

The Bethany Alzheimer's Care
Givers Support Group is under the
guidance of the Capital of Texas
Chapter, Alzheimer's Association and
follows the guidelines established by
the Alzheimer's Association.

Leaders of both organizations meet
periodically to discuss how
participants can receive greater
benefits from the programs offered.

For more information and materials
from the Alzheimer's Association, call
512/241-0420 or check the web site:
www.alz-austin.org.

ALZHEIMER'S CARE GIVERS SUPPORT GROUP



Facing the Challenge

Serving All Persons
with Family and
Friends Who have
Dementia and Live in
the Northwest Austin
Community

WHAT IS IT?

This is one of many open support groups in the greater Austin area for those who have loved ones with various forms of dementia, including Alzheimer's disease. It is sponsored by Bethany United Methodist Church in affiliation with the Austin Alzheimer's Association.

Its purpose is to provide an opportunity for care givers to meet on a monthly basis to share concerns and discuss issues they are confronted with. Every other month specialists are invited to attend the meeting and address various topics of concern, thus providing possible solutions to the many challenges faced by care givers.

WHEN DOES IT MEET?

It meets monthly on the second Thursday from 12:00 noon until 1:30 p.m.

WHERE DOES IT MEET?

Bethany United Methodist Church is located at 10010 Anderson Mill Road, Austin, Texas. The group meets on the first floor of the Disciple Building in the Ministry Center.

Directions to the Church: Bethany is located at 10010 Anderson Mill Road, West of US 183 (Research Boulevard) on the right side of the road approximately one-half mile from 183. Anderson Mill Road can also be reached from Parmer Lane. In addition, the other end of Anderson Mill Road intersects FM620. Phone: 512/258-6017.

WHO MAY PARTICIPATE?

Open to anyone who has a loved one with dementia, Alzheimer's or memory loss and is providing support, either on a daily basis or at a distance. It is open to all regardless of race, sex, creed, or age. All that is required is a need for support.

WHO LEADS THE GROUP?

This support group is led by Rev. David A. Lutz, Care Ministries Pastor at Bethany, and Victoria Bovard, a registered nurse who specializes in working with those who have Alzheimer's.



Capital of Texas Chapter

TOPICS Covered in Meetings

The Bethany Alzheimer's Support Group has been meeting since 2002 and has focused on a variety of topics such as: legal issues, medications, validation therapy, conversing with dementia patients, emergency care, resources, learning about different facilities and home care options, meaningful activities to do with Alzheimer's patients, evaluating home safety, wandering, Medicare, Medicaid, etc.