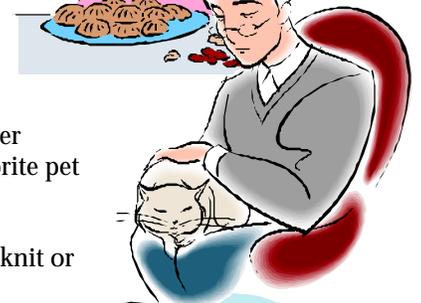
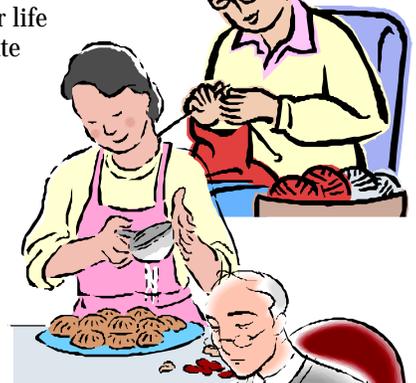


101 Things to do with an Alzheimer's Patient

1. Listen to music
2. Toss a ball
3. Color pictures
4. Make homemade lemonade
5. Count trading cards
6. Clip coupons
7. Sort poker chips
8. Read out loud chapters from books
9. Rake leaves
10. String beads
11. Bake cookies
12. Take photos of the person and create a collage
13. Brush or comb one another's hair
- 14. Participate in the Alzheimer's Association Memory Walk**
15. Plant seeds indoors or outdoors
16. Look at family photographs
17. Wipe off the kitchen table
18. Weed the flowerbed or plant a garden
19. Fold laundry or towels
20. Have a friend visit with a well-behaved pet
21. Cut pictures out of greeting cards
22. Play dominoes
23. Ask the person about his or her favorite childhood books or cartoon characters
24. Bake homemade bread
25. Sort objects by shape or color
26. Sing old songs
27. Invite the person to tell you more when he or she talks about a memory
28. Put silverware away
29. Make a Valentine card
30. Play favorite songs and sing
31. Ask the person about his family
32. Make a cherry pie
33. Play with tops or jacks
34. Make a scrapbook
35. Take a walk around the yard
36. Write a poem together
37. Reminisce about the first day of school
38. String Cheerios® to make a birdfeeder
39. Make a fresh fruit salad
40. Sweep the patio
41. Color paper shamrocks green
42. Visit a family member
43. Have an afternoon tea party
44. Talk about great inventions
45. Look through the pages of a catalog
46. Look at a map of the United States and identify states and capitals
47. Make a family tree post
48. Color a picture of our flag
49. Eat a picnic lunch outside
50. Water house plants
51. Play horseshoes
52. Dance
53. Watch Sesame Street or TV together

54. Make homemade ice cream
55. Make holiday cards
56. Reminisce about favorite sports activities the person enjoyed while growing up
57. Write a letter to a friend or family member
58. Dress in your favorite football or soccer team's color
59. Pop popcorn
60. Name the presidents
61. Give a manicure
62. Make paper butterflies
63. Plant a tree
64. Finish famous sayings
65. Feed the ducks
66. Model with play dough
67. Look at pictures in a comic book
68. Put a puzzle together
69. Cut up used paper for scratch paper
70. Sand wood
71. Rub in hand lotion
72. Arrange fresh flowers
73. Remember famous people
74. Recite nursery rhymes
75. Blow bubbles
76. Make peanut butter sandwiches
77. Interview the person about his or her life using either a video camera or cassette recorder
78. Take care of a fish tank
79. Bake cupcakes and decorate them
80. Play hangman
81. Finger paint
82. Cut out pictures from magazines
83. Put coins in a jar
84. Put bird seed out for the birds
85. Decorate a pumpkin
86. Reminisce about a favorite summer
87. Roll yarn into a ball
88. Trace and cut out autumn leaves
89. Cook a favorite family recipe together
90. Ask the person about his or her favorite pet
91. Wash silverware
92. Give him or her a hug
93. Ask the person to show you how to knit or sew (or another favorite hobby)
94. Make a picture frame out of popsicle sticks and glitter
95. Play a musical instrument
96. Keep a journal together
97. Ask the person to talk about his or her favorite sports hero
98. Sort playing cards
99. Pick flowers
100. Wash windows together
101. Ask the person about his or her first car



Submitted by: Beckie Hinze, MBA, BSN, RN, CHCE
 Vice President Agency Operations-Foundation Management Services, Inc.